

Bio-Plex Pro Human Immunotherapy Panel

Quick Guide

For Use with	Instruction Manual #
Bio-Plex Pro Human Immunotherapy Assays	10000112563

This guide can be used to prepare and run a full 1 x 96-well assay plate. New users can download the complete manual, which includes detailed instructions and a list of kit components, at bio-rad.com/bio-plex.

Initial Preparation

- 1. Plan the plate layout.
- 2. Start up/warm up the Bio-Plex Multiplex Immunoassay System (30 min).
 - Bring diluents, including wash buffer, assay buffer, standard diluent HB, detection antibody diluent HB, and sample diluent HB, to room temperature (RT). Keep the other items on ice until needed
 - Mix by inversion to ensure all salts are in solution
 - Prepare 1x wash buffer: dilute 1 part 10x wash buffer (60 ml) with 9 parts distilled water (540 ml)
 - Begin to thaw the frozen samples
- 3. Prepare the sample dilution according to the guidelines provided in the following table. It is important to centrifuge serum or plasma samples at 1,000 x g for 15 min at 4°C to remove particulates from all samples prior to use.

Sample Type	Recommended Sample Dilution	Diluent
Serum and plasma	1:4	Sample diluent
Culture media and fluids	User defined	Diluent + 0.5% bovine serum albumin (BSA) (w/v)

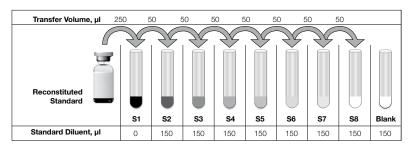
Note: ICAM-1 and VCAM-1 require higher dilution for serum and plasma (recommended 100-fold). Refer to the Bio-Plex Pro Human Immunotherapy Assays Instruction Manual (#10000112563) for detailed sample preparation recommendations.

- 4. Calibrate the Bio-Plex System within Bio-Plex Manager Software.
- 5. Reconstitute the standards and control by adding 250 μl of standard diluent HB to each. Vortex at medium speed for 5 sec and incubate all vials on ice for precisely 30 min.

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6. Prepare a fourfold standard dilution series and blank as shown. **Vortex** at medium speed for **5 sec** between liquid transfers.

Note: Standards are at S1 concentration after reconstitution and the controls are ready to use after reconstitution. Controls are included with the fixed panel only.



Vortex the coupled beads at medium speed for 30 sec and dilute to 1x in Bio-Plex Assay Buffer as shown. Protect from light.

Premixed Panels

Number of Wells	10x Beads, μl	Assay Buffer, µI	Total Volume, µl
96	570	5,130	5,700

Singleplex Assays

Number of Wells	Singleplex #1 20x Beads, µl	Singleplex #2 20x Beads, μl	Assay Buffer, μl	Total Volume, µl
96	285	285	5,130	5,700

Note: 20x singleplex beads allow multiplexing up to 20 analytes.

Running the Assay

- 1. Vortex the diluted (1x) beads. Add 50 μl to each well of the assay plate.
- 2. Wash the plate two times with 100 μI Bio-Plex Wash Buffer.
- 3. Vortex the samples, standards, blank, and control. Add 50 μl to each well.
- **4.** Cover the plate with sealing tape. Incubate on shaker at 850 ± 50 rpm at RT for 30 min.
- With 10 min left in the incubation, vortex the detection antibodies for 5 sec and quick-spin to collect liquid. Dilute to 1x as shown.

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Premixed Panels

	10x Detection	Detection Antibody	
Number of Wells	Antibodies, µl	Diluent HB, μl	Total Volume, µl
96	300	2,700	3,000

Singleplex Assays

Number of Wells	Singleplex #1 20x Detection Antibodies, µl	Singleplex #2 20x Detection Antibodies, µl	Detection Antibody Diluent HB, μl	Total Volume, µl
96	150	150	2,700	3,000

Note: 20x singleplex beads allow multiplexing up to 20 analytes.

- **6. Wash the plate three times** with **100 μl** wash buffer.
- 7. Vortex the diluted (1x) detection antibodies. Add 25 μ I to each well.
- Cover the plate with sealing tape and incubate at 850 ± 50 rpm for 30 min at RT. Meanwhile, prepare the Bio-Plex Manager Software protocol; enter standard S1 values and units provided in the assay kit.
- 9. With 10 min left in the incubation, vortex 100x streptavidin-phycoerythrin (SA-PE) for 5 sec and quick-spin to collect liquid. Dilute to 1x as shown and protect from light.

Number of Wells	100x SA-PE, μl	Assay Buffer, µl	Total Volume, µl
96	60	5,940	6,000

- 10. Wash the plate three times with 100 μl wash buffer.
- 11. Vortex the diluted (1x) SA-PE. Add 50 µI to each well.
- 12. Cover the plate with sealing tape and incubate at 850 ± 50 rpm for 10 min at RT.
- 13. Wash the plate three times with 100 µl wash buffer.
- 14. Resuspend the beads in 125 μ I assay buffer. Cover and shake at 850 \pm 50 rpm for 30 sec.
- **15.** Remove the sealing tape and **read plate** using the following settings:

Instrument	RP1 (PMT)	DD Gates	Bead Events
Bio-Plex 3D*	Standard	Select MagPlex Beads	50
Bio-Plex 100, 200*	Low	5,000 (low); 25,000 (high)	50
Luminex MAGPIX	N/A, use default instrument settings		

^{*} Or similar Luminex System.

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The observed concentration ranges of the control apply only when standards and controls are prepared using the provided Bio-Plex Standard Diluent HB.

Assay Workflow

Add 50 µl 1x beads to wells

Wash buffer: 2 x 200 µl

Add 50 µl standards, samples, controls; incubate on shaker at 850 rpm for 30 min at RT

Wash buffer: 3 x 100 µl

Add 25 µl 1x detection antibody; incubate on shaker at 850 rpm for 30 min at RT

Wash buffer: 3 x 100 µl

Add 50 µl 1x SA-PE; incubate on shaker at 850 rpm for 10 min at RT

Wash buffer: 3 x 100 µl

Resuspend in 125 µl assay buffer; shake at 850 rpm for 30 sec

Acquire data on Bio-Plex System

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